

Kingsfield Nursery

Prime times – Intimate Care and Nappy Changing

Prime times of the day make the very best of routine opportunities to promote 'tuning-in' to the child emotionally and to create opportunities for learning. Nappy changing times are key times in the day for being close and promoting security as well as for communication, exploration and learning.

Young Children

- Young children are changed within sight or hearing of other staff whilst maintaining their dignity and privacy at all times. Where the layout of the setting makes this difficult to achieve, the setting manager completes a risk assessment to ensure that alternative arrangements are in place.
- A different member of staff has the role of nappy changing each day. This changes every half term.
- Staff have a list of children who need changing and use a key to record when they have been changed and if the child has soiled.
- Staff make a note of any unusual stool/constipation and will notify parents.
- Very soft, watery stools are signs of diarrhea; strict hygiene needs to be carried out in cleaning the changing area to prevent spread of infection. The parent should be called to inform them, and that if any further symptoms continue to occur, they may be required to collect their child.
- Sometimes a child may have a sore bottom. This may have happened at home as a result of poor care; or the child may have eaten something that, when passed, created some soreness. The child also may be allergic to a product being used. This must be noted and discussed with the parent and a plan devised and agreed to help heal the soreness. This may include use of nappy cream. Parents will need to authorise this by signing our Applying Cream permission slip.
- All children attending the morning session are changed once at approximately 10.30am and additionally if this is required.
- All children attending the afternoon session are changed once at approximately 2pm and additionally if this is required.
- Children attending all day will be changed at both times and additionally if this is required.
- Staff change nappies in small groups.
- Nappy changing areas are warm; there are no bright lights shining down in children's eyes.
- Each child has their own bag to hand, containing their nappies and changing wipes; there may also be a special toy to play with.

- Members of staff put on aprons before changing starts and the area is prepared, gloves are always worn for soiled nappies. Wipes are used to clean the child.
- All members of staff are familiar with the hygiene procedures and carry these out when changing nappies.
- Staff ensure that nappy changing is relaxed and a happy time for children.
- Staff never turn their back on a child or leave them unattended on a changing mat.
- Staff are gentle when changing; they allow time for communicating with the child, talking, and responding to the child's communications.
- Staff avoid pulling faces and making negative comment about the nappy contents.
- Staff do not make inappropriate comments about genitals, nor attempt to pull back a baby boy's foreskin to clean unless there is a genuine need to do so for hygiene purposes.
- Children may be put into 'pull ups' if the parent wishes.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children use the toilet when needed and are encouraged to be independent.
- Members of staff do not wipe older children's bottoms unless there is a need, or unless the child has asked.
- Parents are encouraged to provide enough changes of clothes for accidents when children are potty training.
- We keep some spare clothes in a range of appropriate sizes, these are kept clean and in good condition.
- If young children are left in wet or soiled nappies/pull-ups in the setting, this may constitute neglect and will be a disciplinary matter.
- Nappy changing is always done in an appropriate/designated area. Children are not changed in play areas or next to snack tables.